

People & Stories/Gente y Cuentos: Outcome Domains and what *seniors* have to say
Excerpts from participant program evaluations

Self-Esteem	Literacy	Critical Thinking	Cultural Context	Authentic Voice	Engagement	Well-Being
<p><i>"I would recommend this program to a friend because 1. To have an enjoyable moment with a group of people. 2. To travel with your imagination through the stories. 3. The opportunity to share experiences with the group."</i> ~Fall 2013</p> <p><i>"The stories we read, even if they're fiction, can give you self confidence and help you to grow in loving yourself."</i> ~Spring 2013</p> <p><i>"Since my mind is not at its best, I am grateful to have been able to participate in this group. It helped me to activate my mind, and even though I did not participate that much I was able to express my point of view and my feelings several times."</i> ~Spring 2013</p> <p><i>"After the first session I felt I wanted to continue coming to listen to these beautiful stories that made me come out of my depression and also stimulated my mind."</i> ~ Fall 2013</p>	<p><i>"What has been important to me is reading an author I had never read and finding how I related to the story."</i> ~ Fall 2013</p> <p><i>"I like to read novels, but the short stories say a lot about people quickly."</i> ~ Spring 2013</p> <p><i>"The program is excellent because it makes you read, ponder and listen to others."</i> ~ Fall 2013</p> <p><i>"Storytelling (hearing a short story read aloud and discussing it) can help you relate to personal experience and at times find resolution."</i> ~ Fall 2013</p> <p><i>"The main reason for doing this program is to experience new authors and hearing different reactions to each story. Additionally, the bonus is having a facilitator who is not only knowledgeable but has a love for literature!"</i> ~ Fall 2013</p>	<p><i>"This is an enjoyable and fun program; it helps us keep our mind active."</i> ~ Fall 2013</p> <p><i>"I've learned a lot about other people's experiences."</i> ~ Spring 2013</p> <p><i>"I've learned that we are all the same, though we have different beliefs."</i> ~ Spring 2013</p> <p><i>"I have remembered many instances from my childhood and young age through this program that I had forgotten."</i> ~Spring 2013</p> <p><i>"I would recommend this program to a friend because- You will be able to relate to the stories through the experiences you have had in your life. You might be able to clarify many doubts about things that happened to you in real life."</i></p> <p><i>"I've learned to think in a different way."</i> ~ Fall 2013</p>	<p><i>"This program allows you to connect to parts of the community you would otherwise not know and read good literature you wouldn't know otherwise."</i> ~ Fall 2013</p> <p><i>"I was very satisfied with this program. Each session made me understand people in a different way."</i> ~ Fall 2013</p> <p><i>"I would recommend this program to my friends because it is very good for your mind and for getting to know other cultures."</i> ~ Fall 2013</p> <p><i>"From this program, I've learned to appreciate more the legacy of the stories that our ancestors left us."</i> ~Fall 2013</p> <p><i>"I've learned about the commonalities and differences of experiences of women in my generation."</i> ~Spring 2013</p>	<p><i>"I learned to give myself the chance to speak."</i> ~Fall 2013</p> <p><i>"I feel comfortable because the facilitator gives everyone a chance to talk."</i> ~Spring 2013</p> <p><i>"I've learned how to get along with other people and to share."</i> ~ Fall 2013</p> <p><i>"As the weeks went on, I felt more sure of myself."</i> ~Fall 2013</p> <p><i>"I've learned how to interact with others."</i> ~ Fall 2013</p> <p><i>"I go home and discuss these stories with my daughter."</i> ~Spring 2012</p> <p><i>"As the only male in the group, I find the female views fascinating!"</i> ~ Spring 2012</p>	<p><i>"I have learned to share with others. I have paid more attention to the stories of other participants. My experience with this program is that it has helped me be a better human being."</i> ~Fall 2013</p> <p><i>"I have learned to value the perspective and experience and humor of the participants, most of whom are older."</i> ~Fall 2013</p> <p><i>"Listening to the stories with my friends from the Camden Senior Center has been the most memorable thing for me."</i> ~ Spring 2013</p> <p><i>"We keep increasing as group, which means you meet and experience new people."</i> ~Spring 2013</p>	<p><i>"With this program, I feel that my concentration and short term memory have improved."</i> ~Fall 2013</p> <p><i>"Reading and discussing these stories can help you relate to personal experience and at times find resolution."</i> ~Fall 2013</p> <p><i>My reasons for recommending this program to a friend: he/she will learn to listen; it improves your concentration; it improves your memory; you will learn new things and it is enjoyable and fun!~Spring 2013</i></p> <p><i>I've learned how enjoyable seniors are and how willing we are to share knowledge."</i> ~ Spring 2013</p> <p><i>"This program is perfect for seniors and not too challenging. It's relaxing and comfortable."</i> ~ Fall 2013</p> <p><i>"Each week brings a new adventure!"</i> ~ Spring 2013</p> <p><i>"I learned a lot about friendship."</i> ~Fall 2013</p>